

Skúška na 1. kyu

Dátum :

Skúšajúci :

| Jednotlivé techniky | Meno | Meno | Meno | Meno |
|---|------------------------------|------|------|------|
|  | | | | |
| | Z N Á M K O V A N I E | | | |
| Opakovanie 2. kyu | | | | |
| ATEMI WAZA | X | X | X | X |
| Haišu | | | | |
| Ura mawaši geri | | | | |
| Mikazuki geri | | | | |
| KANSETSU WAZA | X | X | X | X |
| Sankyo | | | | |
| Hangetsu uke | | | | |
| Kuzure gyaku kote mawaši | | | | |
| Kagato gaeši | | | | |
| Aši hišigi | | | | |
| Kuzure aši dori | | | | |
| Aši osae | | | | |
| Do žime | | | | |
| NAGE WAZA | X | X | X | X |
| Tomoe nage | | | | |
| Šiho nage | | | | |
| Soto maki komi | | | | |
| Tawara gaeši | | | | |
| Hasami gaeši | | | | |
| Joko guruma | | | | |
| Joko wakare | | | | |
| Kombinácie - Kumite | | | | |
| Palica, nôž, reťaz v kumite | | | | |
| Priemerná známka | | | | |